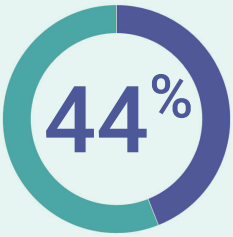
chronicallysimple

Patients living with chronic illnesses have complex needs, a lengthy path to diagnosis, and overwhelming amounts of tests and paperwork. Managing the administrative burden that accompanies living with a chronic illness, or disability, can be overwhelming. Chronically Simple allows patients, and their caregivers, to take an active role in the management of their care plan, better advocate for themselves, and ensure continuity of care with information that is available in real-time, anytime, and accessible from anywhere.

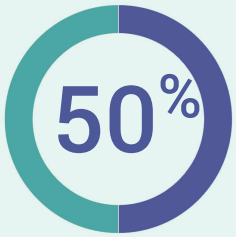
Patients



44% of Canadian adults age 20+ have at least 1 chronic illness, and 1 in 12 live with a rare disorder.

source: www.canada.ca/en/public-health/services/chronic-diseases/prevalence-canadian-adults-infographic-2019.html

Caregivers



Nearly half the Canadian population has cared for an aging, ill or disabled family member or friend at some point.

source: www150.statcan.gc.ca/n1/pub/89-652-x/89-652-x2013001-eng.htm]

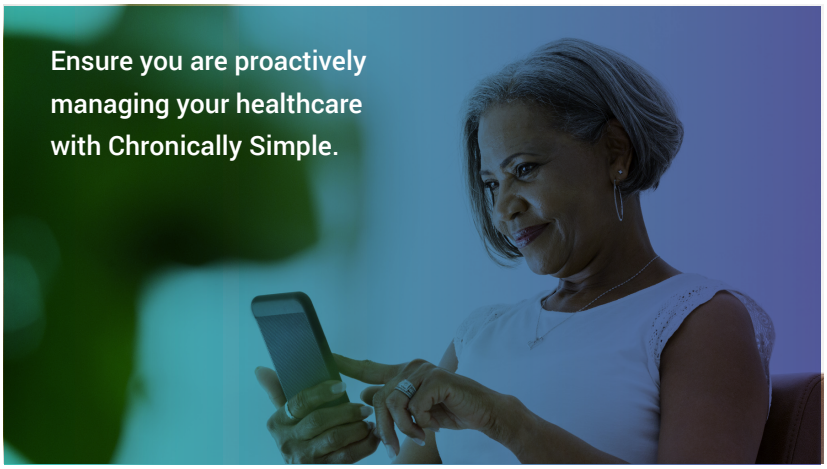
AmerisourceBergen
Innomar Strategies

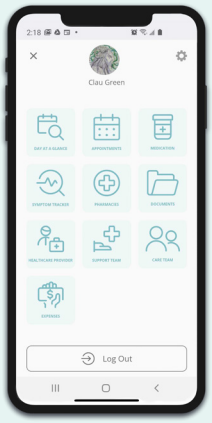
Built by a patient and caregiver, **for** patients and caregivers.

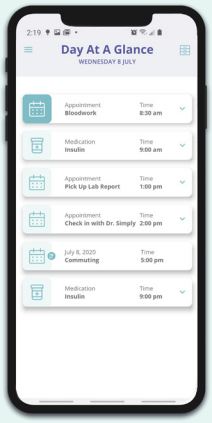
Chronically Simple empowers patients and their caregivers to advocate for themselves by keeping their questions and symptoms at their fingertips. Secure, web based and mobile app that allows patients and caregivers to track and manage all their health information in one centralized location.

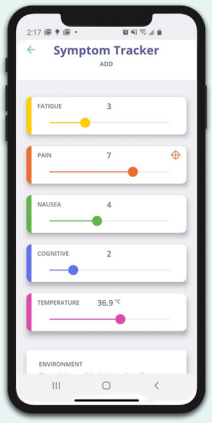
Why choose Chronically Simple? Our Solution:

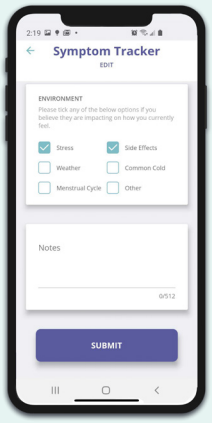
- Provides an innovative tool to ease the burden, and assist patients and their caregivers, with taking an active role in managing their health, tracking symptoms and maintaining their care plan
- Never forget an appointment or medication dose again thanks to our appointment and medication reminders
- Alleviates the administrative burden on patients and caregivers by tracking pre-appointment notes and questions, which additionally reduces stress and anxiety, and allows for efficient use of time when meeting with healthcare providers
- Track and manage symptoms that are customizable to the patient's specific condition. See in one dashboard how they have been feeling over last few weeks and months

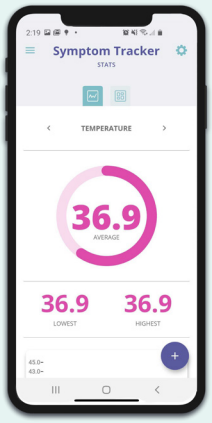


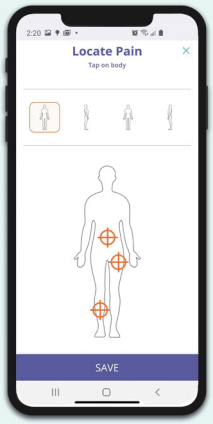












Find out how to take control of all aspects of your healthcare (appointments, medications, test results, etc.).

Chronically Simple has been a supporter of CanPKU since 2021 and offers a forever premium subscription to its members. To unlock your complimentary Premium subscription, use code **CanPKU2021** to register online.

Available on the App Store | GET IT ON Google Play

Questions? Contact hello@chronicallysimple.com

www.chronicallysimple.com